

Online scheduling



If your healthcare provider recommends genetic counseling or genetic results counseling, schedule an appointment time that is convenient for you at womenshealth.labcorp.com/genetic-counseling.

Planning for your comprehensive genetic counseling visit

- A family history questionnaire will be sent to you prior to your appointment
- Gather medical history information about your family members, including parents, siblings, aunts, uncles, grandparents and cousins. Ask family members on both your mother's and father's side about any history of cancer
- Collect and bring with you records of any genetic cancer testing you may have had in the past

Call Us
Toll-free (within the US): 855-GC-CALLS
(855-422-2557)

Email Us
GC@integratedgenetics.com

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References

1. National Cancer Institute. Cancer Statistics. National Cancer Institute at the National Institutes of Health web site: <https://www.cancer.gov/about-cancer/understanding/statistics>. Accessed October 2022.
2. American Cancer Society. Family Cancer Syndromes. American Cancer Society web site: <https://www.cancer.org/healthy/cancer-causes/genetics/family-cancer-syndromes.html>. Accessed October 2022.
3. Hereditary Breast and Ovarian Cancer. Cancer.net web site: <https://www.cancer.net/cancer-types/hereditary-breast-and-ovarian-cancer>. Accessed October 2022.

Note: This material is provided for general information purposes only. It is not intended as a substitute for medical advice and/or consultation with a physician or technical expert.



PATIENT INFORMATION

Hereditary cancer genetic counseling

Supporting you with genetics expertise




Our knowledge of genetic information is changing rapidly, and understanding your choices can be complicated. Labcorp can help.


Our genetic counselors work with you and your healthcare provider to help you understand your hereditary cancer risks and testing options. You may meet with a genetic counselor when you are considering genetic testing, or to discuss your results after genetic testing.


What is a genetic counselor?

A genetic counselor is a **healthcare professional** specifically trained in medical genetics and counseling who can help you understand if you have an increased risk for hereditary cancer. Genetic counselors are **experts** at evaluating your **personal** medical and family history, identifying your genetic risks, and helping you understand the tests available to you.

Labcorp is invested in the health of you and your family. We have a network of approximately 100 board-certified and state-licensed genetic counselors who cover all 50 states. Our commitments to you are three-fold:

 **Connect.** We connect with you on an individual level to address your unique genetic concerns and the specific needs of you and your family.

 **Educate.** Our objective is to help educate you about your genetic risks and testing options and to answer any questions you may have.

 **Support.** We provide the guidance and support you need to feel empowered in your decision making and confident that the decision fits your family.

What is hereditary cancer and why might genetic counseling be recommended?

Everyone has a risk to develop cancer, and about 40% of Americans will be diagnosed with cancer during their lifetime.¹ Approximately 5 to 10% of all cancer is hereditary, meaning the cancer was caused by an inherited mutation (or a change) in a gene.² Cancers that may be inherited include breast, ovarian, endometrial, colorectal and pancreatic cancer.

Genetic testing is available to determine whether you have a mutation that increases your risk to develop certain cancers. Based on your personal or family history of cancer, your healthcare provider may recommend genetic counseling. During genetic counseling, you will meet with a genetic counselor who will ask questions about your personal and family medical history, explain your risk for hereditary cancer and discuss the genetic testing options that may be appropriate.

If you have already received genetic testing, your healthcare provider may recommend genetic results counseling or a comprehensive genetic counseling session with Labcorp to explain your test results and help you chart a course for how to use this knowledge.

What happens during cancer genetic results counseling?

During this visit, a genetic counselor will review your hereditary cancer test results and the information outlined in the report. If you want to receive a comprehensive cancer genetic risk assessment, including a review of your personal and family medical history, comprehensive genetic counseling is recommended.

Why might my healthcare provider refer me for hereditary cancer genetic counseling with Labcorp?

Your healthcare provider may recommend genetic counseling for a wide range of reasons,^{2,3} including a personal and/or family history of:

- Breast cancer at age 50 or younger or multiple primary breast cancers
- Colorectal or uterine cancer at age 50 or younger
- The same cancers seen in multiple generations
- Breast cancer in an individual of Ashkenazi ancestry
- Ovarian, pancreatic or male breast cancer
- A known hereditary cancer mutation

Talk with your healthcare provider to see if genetic counseling or genetics results counseling is right for you. If your health care provider recommends one of these services, go to [womenshealth.labcorp.com/genetic-counseling](https://www.womenshealth.labcorp.com/genetic-counseling) to schedule your appointment, or call 855-GC-CALLS (855-422-2557) for more information.

Comprehensive genetic counseling*

Appointment method	Consultation	Genetic testing	Expert reporting	Cost
<p>Your healthcare provider may recommend a consultation with a Labcorp genetic counselor.</p> <p>We offer telegenetic counseling through an audio and video connection in the privacy of your own home.</p> <p>It's fast and easy to schedule a genetic counseling appointment online at: womenshealth.labcorp.com/genetic-counseling.</p>	<p>Our genetic counselors will:</p> <ul style="list-style-type: none"> • Review the different causes for your cancer concerns • Review your personal medical history, including any hereditary cancer test results, and take a detailed family history • Complete a cancer genetic risk assessment and explain your risk for hereditary cancer • Review relevant and appropriate testing options • Answer any questions about your risks for hereditary cancer and the benefits and limitations of testing • Support your informed decision making 	<p>We work with your healthcare team to help you understand your genetic testing options, the implications of test results, and any next steps. All tests discussed during the session are optional and all decisions about genetic testing are entirely up to you.</p>	<p>After your genetic counseling session, Labcorp sends a detailed summary report to both you and your healthcare provider.</p>	<p>Following genetic counseling, Labcorp will bill your health plan for the cost of your session. Comprehensive genetic counseling is often covered by insurance, however, you will be responsible for any charges that your insurance company does not cover, which may include a co-pay or deductible.</p>

* We offer translation services for individuals, as needed.

Genetic results counseling

Appointment method	Results consultation	Genetic testing	Cost
<p>You will receive your hereditary cancer genetic testing results from your healthcare provider, who will direct you to schedule your appointment online at womenshealth.labcorp.com/genetic-counseling.</p>	<p>During genetic results counseling, the genetic counselor will discuss your specific genetic test results, your risk for cancer based on your specific genetic results, any inherited genetic conditions identified by genetic testing, and the implications the results may have for other family members. This session is conducted via telephone.</p>	<p>It is important that you speak with your healthcare provider to determine your specific cancer surveillance and screening plan and discuss whether follow-up genetic testing is indicated based on these results.</p>	<p>Results counseling is included in the cost of your hereditary cancer genetic test.</p>

